

Optimize Preterm Nutrition

Two Enfamil® LHMFs — designed for targeted nutrition and the special needs of the NICU

Flexible Protein Options

Balanced micronutrient profiles with protein levels clinically shown to promote growth^{1,2}



HIGH PROTEIN

for preterm babies
who need lean growth



STANDARD PROTEIN

for preterm or
late preterm babies

- Has **DHA** and **ARA** to help you achieve expert-recommended amounts
- Has higher amounts of **vitamin D** and **iron** than other LHMFs

Flex-Pro Bottle

Making every mL count

- Helps make fortifying simple
- Reduces milk waste³
- Minimizes steps needed to mix large batches
- Works seamlessly with standard transfer lids
- Designed to reduce likelihood of contamination when following preparation guidelines⁴

*Up to 97% less waste of breast milk
when using Enfamil LHMFs with Flex-Pro bottle.³*



Clinically Studied Protein Amounts

Enfamil® LHMFs allow flexibility in supporting growth for the babies who need it most

Enfamil LHMF High Protein

Has protein at an amount shown to promote lean growth*††



Length $P=0.003^*$

Test Product	42.4 cm
Control	41.2 cm

Weight $P=0.004^*$

Test Product	1829 g
Control	1662 g

Head Circumference $P=0.043^*$

Test Product	30.6 cm
Control	29.9 cm



ELBW, VLBW,
and preterm

preterm
or late preterm

Enfamil LHMF Standard Protein

Has protein at an amount suitable for starting breast milk fortification or in preparation for discharge



Protein amount clinically shown to promote growth*‡



Demonstrated length increase



Demonstrated weight gain



Demonstrated head circumference gain

* Study used EHMAL vs Enfamil HMF Powder.

† Data based on a per-protocol efficacy analysis.

‡ Study used Enfamil HMF Powder.

EHMFAL=Enfamil Human Milk Fortifier Acidified Liquid;

ELBW=extremely low birth weight; VLBW=very low birth weight.

References: 1. Moya F, Sisk PM, Walsh KR, Berseth CL. A new liquid human milk fortifier and linear growth in preterm infants. *Pediatrics*. 2012;130:e928-e935. 2. Berseth CL, Van Aerde JE, Gross S, Stolz SI, Harris CL, Hansen JW. Growth, efficacy, and safety of feeding an iron-fortified human milk fortifier. *Pediatrics*. 2004;114:e699-e706. 3. Data on File. 4. Steele C, Collins E, eds. Pediatric Nutrition Practice Group. *Infant and Pediatric Feedings: Guidelines for Preparation of Human Milk and Formula in Health Care Facilities*. 3rd ed. Chicago, IL: Academy of Nutrition and Dietetics; 2019.